## Opening and Closing your Clephant Hair Bracelet

Please read the entirety of these directions before you start.

## It's not a puzzle. ©

When opening and closing your adjustable bangle, be gentle. Pon't force it. It only opens so far like your arms only fold so far.

"First notice the spaces between the knots... there are double the number of strands on 2 sides and it's thicker like folded arms. On the other two sides you'll see 3, 4 or 5 strands.

The most important thing to remember is... what you do to one side, do to the other! Moving one knot or the wrong knots may make it bind.

## To Open:

With your thumb and index finger on the knots on the outsides of a doubled side (folded arms), gently slide the knots up slightly and together, using the underside of your wrist to hold it down. This is the motion that resembles folding your arms. Remember it only goes so far.

Do the same thing to the other side.

## To Close: It's not the same as opening!

On the narrow side with fewer strands, plant your index finger in the center right against the (3, 4, or 5) strands and against your wrist. With your thumb and middle finger gently slide the knots toward each other and your centered index finger still planted. Pull the knots in together the same distance, and do the same on the other side.

It's best for the bracelet to be even and symmetrical on the doubled sides.

Enjoy it and wear it in good health!